Be vaccine-ready. Studies show that COVID-19 vaccines are safe and effective at keeping you from getting the disease. Stay informed and get your vaccine when you become eligible.

Wear your mask. Wear a mask with layers that fits snugly against your face, covering your nose and mouth, when you’re around others. This will help to prevent respiratory droplets from getting inside your mask or escaping from your mask if you are infected.

Make some space. Keeping a distance of at least 6 feet from others, indoors as well as outside, helps to minimize the spread of COVID-19. Give others space while moving through hallways and around campus. Follow seating guides to ensure adequate distance.

Wash your hands. Washing your hands often is one of the most effective means of preventing the spread of COVID-19. Lather hands with soap, scrub from wrist to fingertip for at least 20 seconds, rinse and dry with a clean towel. Use hand sanitizer when soap and water are not available.

Wipe it down. Wiping down high-touch surfaces with sanitizing cloths in shared spaces around campus helps to limit the spread of illness. Use wipes to clean desks, tables, computer keyboards and mice, doorknobs, light switches and more, before and after use.

Stay in if you’re unwell. Protect yourself and others by staying home if you’re experiencing any symptoms of illness. Students experiencing symptoms should contact Health Services at 401-863-1330 for evaluation. Employees experiencing symptoms should contact their health care providers for evaluation.

Get your test. Log your symptoms daily using the Healthy at Brown web application. Get tested for COVID-19 when prompted. Students experiencing symptoms should contact Health Services for evaluation and testing; employees should contact their health care providers.

Track your contacts. Keep a contact tracing journal, digitally or on paper, of who you interact with and where you go. This information will help the University quickly identify other potential cases if you test positive for COVID-19, and curb the spread of the virus.

Live local. Help Rhode Island #CrushCOVID and protect the Brown community by staying local during the semester and avoiding out-of-state travel.

Respect Quiet Period. Undergraduate students living on campus should stay in as much as possible during Quiet Period (your first two weeks on campus). Get your COVID-19 test, track your symptoms and interact with friends virtually. If you live off campus, limit in-person contact to those you live with.

Protect your pod. Develop your “pod,” a stable group of no more than five people, who agree to follow shared practices, and keep your in-person contacts minimal. Be honest with those in your pod about where you go and who you see, and make interactions outside your pod virtual whenever possible.

Use your voice. Encourage others around you to wear their masks, wash their hands, make space, form a pod, avoid in-person gatherings, get vaccinated and follow other public health guidelines. Holding one another accountable helps us all stay healthy.